A photograph of a person's hands typing on a silver laptop. The laptop is open on a white desk. To the left of the laptop is a white mug filled with coffee. In the background, there is a glass vase with green leafy branches. A pair of glasses is resting on the desk to the right of the laptop. The scene is brightly lit, suggesting a clean, professional workspace.

Reflect. Refocus. Rise:
Your Resource for Closing the Gap
and Elevating Your 2025
Leadership Vision

Creative Reflection



Impactful Action

2024 has been a year of challenges, lessons, and achievements.

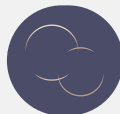
This print-and-keep resource is your opportunity to take stock, celebrate successes, and prepare to rise higher in 2025.

There is immense power in creative reflection.

Reflecting on where we've been, how far we've come, and what we want to create in the future can help bring us to a place of greater clarity.

It is from this place of greater clarity that we have the most power to take action and create impact.

Together, we'll uncover what's next on your leadership journey.



“ *Your vision will become clear only when you can look into your own heart... Who looks outside, dreams; who looks inside, awakes.* ”

~ Carl Jung

*Assessing where
you are now.*

*Reviewing your
resources.*



Reflect

What do you feel most proud of as you close 2024?

How would you rate your overall satisfaction in key areas of your career on a scale of 1-10?

(with 1 being very dissatisfied and 10 being very satisfied)

- Progression and Development



- Purpose and Successes



- Leadership Capabilities and Confidence



What do you feel is currently holding you back, personally or professionally?

How would you rate your current abilities and sense of resourcefulness in overcoming obstacles in the coming year?



What were your key achievements in each quarter?

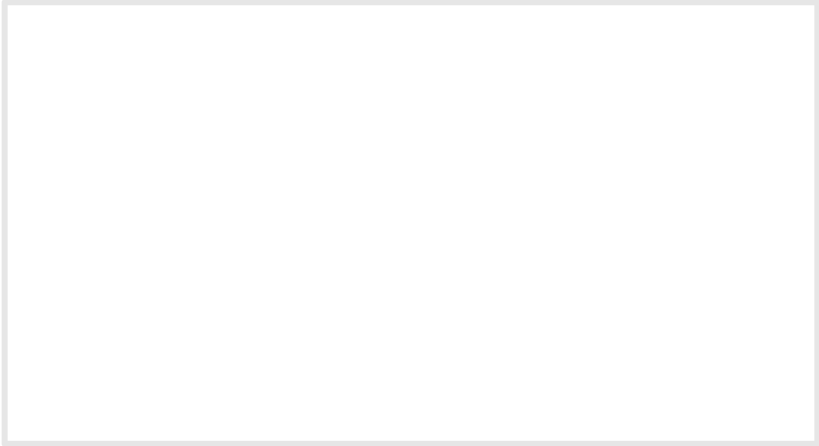
Quarter 1: _____★

Quarter 2: _____★

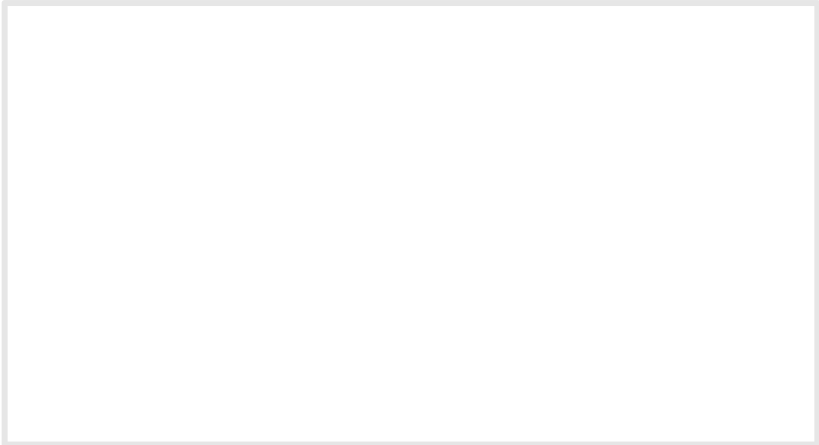
Quarter 3: _____★

Quarter 4: _____★

What challenges did you encounter? How did you handle them? What did they teach you?

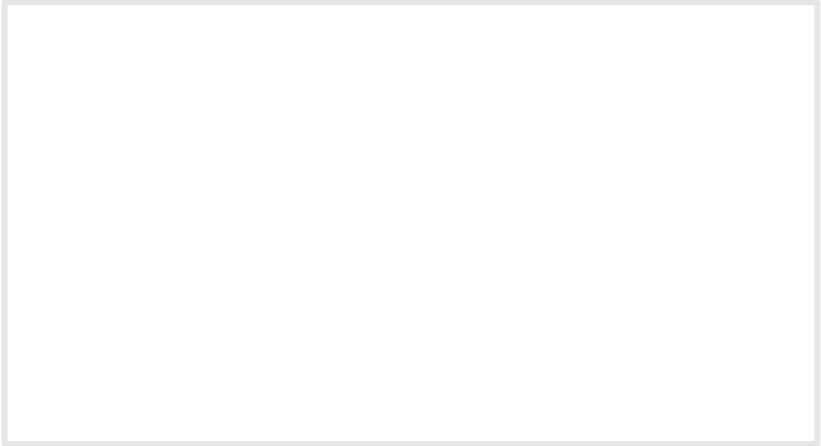
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What skills, habits, or support systems contributed to your successes?

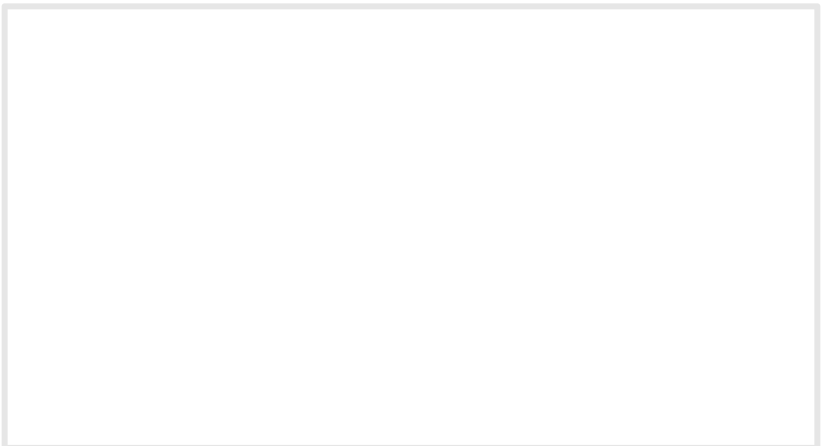
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What patterns or themes have emerged across the year - in your life, your organisation, your industry, and in the world generally?

How might these affect you or your leadership going into 2025?

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How can you best leverage your current expertise and network/connections to mitigate risks and capitalise on the opportunities that these emergent trends bring?

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***“ The best way to predict
the future is to create it. ”***

~ Peter Drucker

*Mapping your
2025 vision.*

*Identifying
the gap.*



Refocus

Imagine it's December 2025. What's changed? What's stayed the same?

What would make 2025 feel like a breakthrough year for you?

What are your top three priorities or goals for the year?
Why are these important to you?

Priority/goal 1: _____ ✨

Priority/goal 2: _____ ✨

Priority/goal 3: _____ ✨

Importance:

_____ ✨

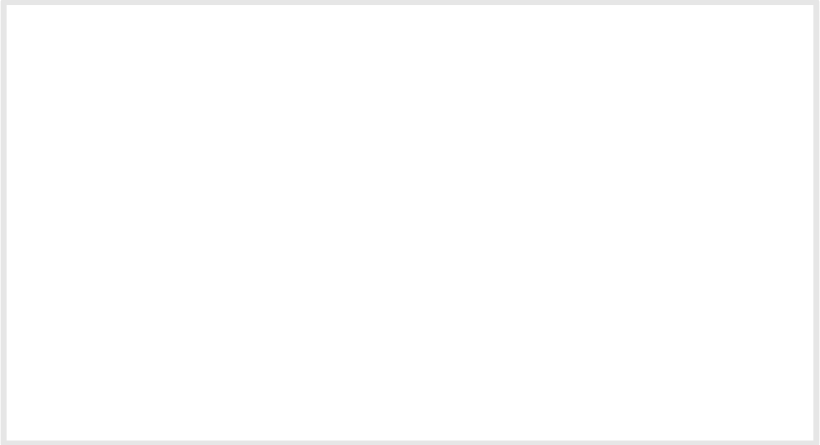
_____ ✨

_____ ✨

Consider what you feel is missing from your current approach to reach your 2025 goals.

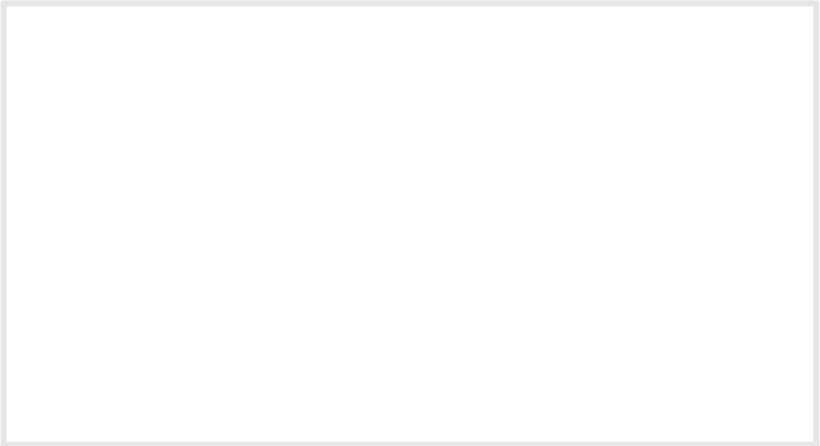
What barriers, doubts, or fears are you facing?

What habits or routines would support your top priorities/goals?

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What would you need to do differently to achieve your 2025 goals?

What support or resources do you need to close this gap?

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**“ If your actions inspire
others to dream more,
learn more, do more,
and become more, you
are a leader. ”**

~ John Quincy Adams

*Setting the
next steps.*

*Taking action to
create impact.*



Rise

What's one thing you can start doing tomorrow to align with your 2025 vision?

Who can you lean on for accountability? How can they best support you?

List your actions and check-in dates against your goals.

Priority/goal 1: _____ ✨

Actions:

_____ ✨

_____ ✨

_____ ✨

Key dates:

Priority/goal 2: _____ ✨

Actions:

_____ ✨

_____ ✨

_____ ✨

Key dates:

Priority/goal 3: _____ ✨

Actions:

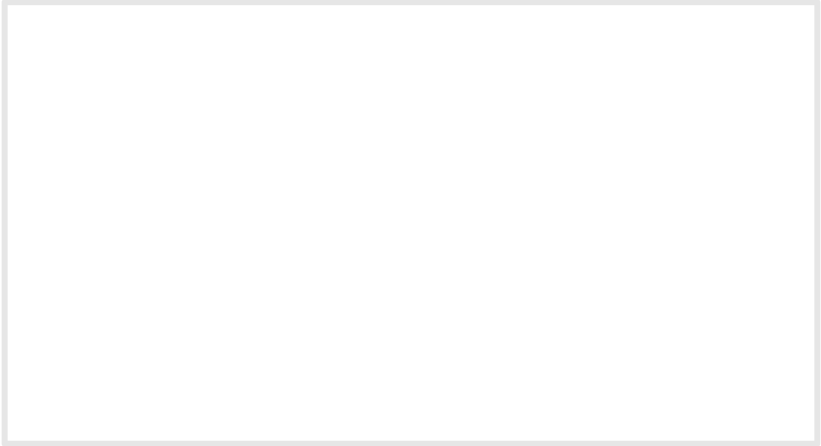
_____ ✨

_____ ✨

_____ ✨

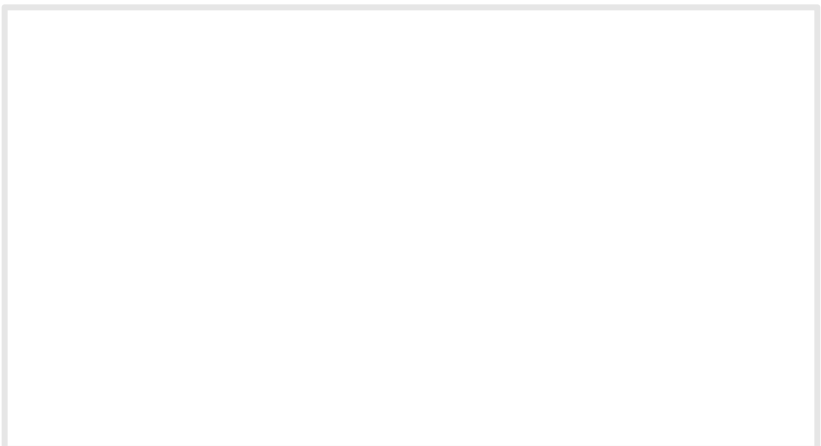
Key dates:

What behaviours or beliefs might stand in your way? What is your If/Then plan for these? (*if [behaviour/belief] comes up then I will [action]*)



An effective method is to not just visualise in the present moment what your goal looks like, but to also lean into the feeling state of having reached it.

Imagine it's December 2025. What words best describe how you feel now that you have reached your goals and accomplished your vision? Write them below. **Revisit these feeling states in the present moment each time you revisit your goals, actions and key dates.**





Want Support? Need Accountability?

So often, we start out a brand new year with the best of intentions, only to be side-tracked by life and the demands and unexpected events it throws our way.

If you would like to set yourself up for success in achieving your goals and vision, I am here to help you in 2025.



Sign up for **monthly support emails** to help you stay on track.

- Receive a **recap guide** to help you review the actions you have taken and encouragement to keep going



If you want to go even further, you can have a **quarterly accountability session** with me to set yourself up for success!

- Book in each quarter for your **FREE 30-minute** accountability session, by phone or on video call

SIGN UP Today! Click the link below

www.cazimicoaching.co.uk/reflect-refocus-rise-2025



“As if in the heart of...”

The Latin word ‘Cazimi’ was used to describe the profound transformation, through illumination and insights, gained by the celestial planetary bodies when they appeared to enter the heart of the Sun on their orbiting cycles. ‘Cazimi’ symbolises the deep wisdom and interconnectedness across our shared human history - change and transformation is a golden thread connecting us all.

My heart-led, whole spectrum coaching approach guides and supports you on your journey to deep insights and lasting, positive change. Through a co-creative coaching process, we work together to transform your life and leadership.

Drawing upon my 14-year policing career - spanning operational, tactical and strategic areas of business - and leveraging the award-winning Paseda360 coaching methodology, I help you break through barriers to become unstoppable, personally and professionally.

My clients value my blend of compassion and challenge, that helps them gain the clarity and confidence to step into their fullest potential and lead with authenticity.

Suzi Graham

Suzi Graham
Transformational Coach





Exclusive Opportunity: Be a Case Study Client in 2025

Are you ready to unlock your full potential in 2025?

Join me for an exclusive, transformational coaching journey designed for high performing executives and senior leaders who are ready to level-up.

This **one-time case study programme** includes:

- The Paseda360 '**Stop Being Stuck Breakthrough**' **2-week programme**.
- Comprehensive **executive coaching sessions** to help you build the belief and unleash your potential in life and leadership.
- Limited bonus **GC Index profile session** (only 3 available).

Limited to 6 spots

at a *fraction* of the future full investment rate!

Investment rate NOW: **£850**

(Full package value in September 2025: £6,500)

We start in January 2025, so don't miss this opportunity to embark on your most transformational year yet!

Call/WhatsApp: 07912 934480

Email: transform@cazimicoaching.co.uk

Visit: www.cazimicoaching.co.uk

