



CAZIMI COACHING

TRANSFORMATIONAL
COACHING

*Helping high performers
reach their highest potential*

WHY WORK WITH ME?



- You are feeling tied to a past version of yourself that holds you back from fully stepping into the life and career success you want. Attaining your ultimate goals always feels just out of reach;
- Self-doubt and limiting beliefs are ever present and eroding your confidence, diminishing your ability to achieve your highest potential. You never quite feel good enough;
- Unhelpful behaviours and habits are sabotaging your progression, leaving you exhausted and unfulfilled;
- Your wellbeing and relationships are suffering because you cannot switch off from work and other sources of stress;
- You are ready to get unstuck so you can drive forward in life with a renewed sense of your true, authentic self.



I'm **Suzi Graham**, Founder of Cazimi Coaching and a Transformational Coach working with high performers, business leaders and entrepreneurs.

My purpose is to **help you achieve your personal breakthrough** so you can create a life you love.

WHY TRANSFORMATIONAL COACHING?



I am a fully licenced, certified Paseda360 Advanced Practitioner in Transformational Coaching, trained exclusively by Paseda360 creator Angela Cox, one of the UK's leading Transformational Executive Coaches.

Ground-breaking, award-winning and backed by neuroscience, using this coaching methodology enables us to:

- gently neutralise your unconsciously encoded triggers;
- shift the limiting beliefs, fears and stories that hold you back;
- co-create new perspectives to move you forward freely.



My approach is one of compassion and challenge in equal measure, creating a nurturing environment in which you can feel empowered to:

- explore the depths of your heart and mind;
- experience powerful insights and illuminate your true self;
- deepen your self-awareness;
- unlock your potential;
- create positive and lasting transformational change.

YOUR JOURNEY



The Synopsis

Your pre-session preparation. You will prepare a short life synopsis ahead of the session - capturing the good, the bad and the ugly, including events and circumstances in your life that have made you who you are and brought you to this point in time.



Limitation Elimination

In the session, we locate your triggers and gently apply neuroscience-backed techniques to neutralise them, so you become free to move forward. We then identify the moment in time when your limiting belief was created and together we reprint that memory with a new belief that will empower you.



The Restoration

Post-session, and prior to our follow-up meeting, we work with both the conscious and non-conscious mind to shift unhelpful, distorted perceptions and enable you to restore your self-value and self-trust.

YOUR INVESTMENT



Stop Being Stuck: Breakthrough Package

2-week programme

- Life synopsis;
- 1 x 3-hour in-person session, or 2 x 90 min online sessions;
- Interim self-belief reflection and restoration;
- 1-hour in-person or online follow up session.

INVESTMENT RATE:

£800

(Blue Light Rate: £600)

Stop Being Stuck: Follow-on Package

2-month coaching

- An additional 4 x 90 online sessions.
- Continued coaching exercises between sessions.
- WhatsApp coaching support, during office hours;

INVESTMENT RATE:

£1200

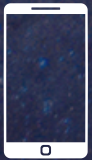
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